

Equipment List for Whistler, BC, Canada, 2012



Don't forget your rain gear!

Last updated: 12/16/11

Equipment list has been updated to accommodate activities and conditions at the 2012 camp.

Hikers must be prepared for extremes of weather. You must be prepared to carry additional gear for any hike above tree line: wool or fleece clothing, wind gear and rain gear, sun block. Emergency items and a personal first aid kit should be in your pack on all hikes. **LEADERS MAY REJECT YOUR PARTICIPATION ON A HIKE IF YOU ARE NOT PROPERLY EQUIPPED, SO YOU SHOULD CONSIDER THE FOLLOWING CHECKLIST.** Keep in mind while you're packing during a heat wave in the city that you will need warm clothing at camp even if you don't plan to hike above tree line. If we have cool weather, it can be below freezing in the morning; wind chills on top of the mountain are frequently below freezing. On the other hand, it could be very hot. In addition to two or three sets of your usual hiking gear (non-cotton shorts and shirts), **please bring** the following:

- _____ your passport, at least six months from expiration (needed to get back into the US from Canada)
- _____ a "sun shower," so you can have a hot shower (available through several mail order companies)
- _____ a full set of waterproof raingear: parka and rain pants
- _____ boots - strong, comfortable and well broken-in (2 pairs if you have them)
- _____ shoes for around camp, including waterproof footwear for walking in high wet grass in the mornings
- _____ socks (inner and outer), twice as many as you think you will need
- _____ thermal underwear - wool or polypro, not cotton
- _____ long pants (fleece or wool slacks for cool evenings and high peaks)
- _____ light-weight windbreaker
- _____ wool or fleece layers of clothing
- _____ light-weight long sleeved shirt and pants for sun protection
- _____ wide brimmed hat
- _____ wool or fleece hat, wool or fleece mittens or gloves (necessary for high peaks)
- _____ warm sleeping bag (or summer bag and extra blankets, if needed)
- _____ air mattress or foam pad (full length as cold air beneath cot will cool you even in the warmest sleeping bag)
- _____ day pack
- _____ insect repellent
- _____ sunglasses and/or sun goggles
- _____ lip balm with sunscreen (rated at least SPF 30)
- _____ flashlight with extra batteries and bulb (Note: NO candles or Coleman-type gas lights are permitted.)
- _____ compass
- _____ coffee mug (for pre-breakfast visits to the coffee/tea tent)
- _____ whistle
- _____ sturdy pocket knife (packed in checked luggage)
- _____ quart size plastic or metal bottles (three or four for hiking) – or hydration system
- _____ personal first aid kit
- _____ BIODEGRADABLE unscented soap for personal use and hand washing laundry
- _____ sewing kit and safety pins
- _____ extra shoe/boot laces
- _____ several ground cloths or tarps (good for under your duffle bag or suitcase, and on the floor of your tent)
- _____ towel and washcloth; beach towel for river swimming, if desired
- _____ personal hygiene items

- _____ strong twine or light clothes line and clothes pins
- _____ a few heavy duty trash bags, for use in backpack and in duffle bag, to keep clothing dry, if it rains.

OPTIONAL

- _____ hiking poles
- _____ gaiters
- _____ bathing suit
- _____ mosquito netting for sleeping under (many don't find it necessary if you close tent flaps before dusk)
- _____ head net for insect protection
- _____ small personal tent (if you want to have the option of sleeping in it or going on an overnight)
- _____ folding chair for campfire
- _____ trail guide books and maps
- _____ camera and film (extra batteries)
- _____ binoculars
- _____ bird, flower and other guide books
- _____ light blanket or quilt, for warmer nights
- _____ pillow
- _____ book to read
- _____ pen, stationery, Canadian stamps
- _____ headlamp, for reading in bed, or battery-operated lantern, for tent
- _____ some plastic lunch containers (so your lunch doesn't get squished in your pack)
- _____ musical instruments
- _____ art supplies
- _____ a bathmat or throw rug for the floor of your tent
- _____ umbrella (for use around camp, and even some hikes)
- _____ tightly sealed box to keep cosmetics/lotions in tent
- _____ blank personal check for Croo tip

FOR OVERNIGHTS (occasionally offered)

- _____ backpack suitable for an overnight (with straps for your sleeping bag, pad, etc.)
- _____ backpacking tent